



CELEBRATION PACKAGES

by OCEANA DAY SPA

Spa Celebration Oceana Lunch Package

Includes:

A welcome mocktail

Choice of one 30-minutes spa treatment from the list below*

Two course lunch in 2-rosette Ventana Grand Café

A glass of prosecco

(per person)

Spa Celebration Afternoon Tea Package

Includes:

A welcome mocktail

Choice of one 30-minutes spa treatment from the list below*

Afternoon tea in 2-rosette Ventana Grand Café

A glass of prosecco

(per person)

*Choice of one 30-minutes spa treatment per person from the following:

Express Facial bespoke to your skin type

Head Massage

Aromatherapy Back, Neck & Shoulder Massage

Nourishing Spa Treatment for Hands

Nourishing Spa Treatment for Feet

Max. persons on full package: 12

Min. persons on full package: 4 (6 on weekends & bank holidays)

Tailor-made celebration packages available on request, please contact the spa manager on 01202 208666 or email enquiries@oceanadayspa.co.uk.

Monday to Thursday - 89.00 per person

Friday, Saturday, Sunday & Bank Holidays - 99.00 per person



"The body is precious.
It is our vehicle for awakening.
Treat it with care." -Buddha



SPA BOOKING TERMS & CONDITIONS

Please familiarise yourself with our spa terms and conditions before making a booking.

SPA ETIQUETTE - To ensure we have a true understanding of your needs and to make your time with us as pleasurable as possible, we recommend you arrive at Oceana Day Spa 15 minutes prior to your scheduled appointment.

SPA ATTIRE - Your modesty will be respected at all times; disposable underwear is available if desired.

VALUABLES - Oceana Day Spa and Oceana Hotels Group does not accept responsibility for any lost or stolen items.

SPA AMBIENCE - Oceana Day Spa is a tranquil environment for everyone to enjoy. As a courtesy to our other guests, please switch off your mobile phone or place it in silent mode at all times within the spa.

LATE ARRIVAL - If you arrive late for an appointment, you will receive the best treatment possible within the remaining appointment time. It may be necessary to decrease your time with respect for the next appointment. Full treatment costs apply.

CANCELLATION POLICY - Cancellations or rescheduled appointments must be advised at least 24 hours in advance by calling Oceana Day Spa on 01202 208 666 or via email enquiries@oceanadayspa.co.uk. Any cancellations or rescheduled appointments with less than 24 hours notice will be charged 50%. If cancelling an accommodation package, you still need to advise the spa as the treatment appointment is not cancelled automatically and will be charged.

AGE POLICY - Treatments for over 18s only. No children allowed in the spa for health and safety.

PARKING - Limited parking is available on a first come first served basis. Please check with reception for charges and registration of your vehicle. Alternative, inexpensive parking is also available on the Seafront.

PAYMENTS - All payments must be made directly to the Day Spa and can not be charged to room accounts.

GENERAL - We reserve the right to amend prices, facilities and opening times without prior notice.



natural spa factories
— EST. BATH ENGLAND —

T: 01202 208666

E: enquiries@oceanadayspa.co.uk

W: oceanadayspa.co.uk

Prices valid from May 2022. In the event of unforeseen circumstances beyond our control, Oceana Hotels & Restaurants reserves the right to evoke Force Majeure should the business deem this action necessary. This clause can be implemented if world events severely impact the operational and financial stability of the business. This may result in published prices being amended.

DAY SPA OCEANA

TREATMENTS | BEAUTY | NAILS



SPA
TREATMENT
MENU



OCEANA
HOTELS & RESTAURANTS

FACIALS

by IMAGE SKINCARE

Oxygenating Facial 60 mins - 79.00
Bespoke for each client's skin type. This luxurious treatment infuses oxygen, plant-derived stem cells, peptides and a high concentration of enzymatic botanicals into the skin, leaving it luminous, refreshed and rejuvenated.

Image Skincare Express Facial 25 mins - 44.00
The perfect express facial if you're on the go, tailored to your skin type. Including cleanse and exfoliation, massage with the hydrating Facial oil and application of SPF with the Ultimate SPF. Feel refreshed and relaxed with a beautifully glowing skin.

Luxury Anti-Oxidant/Anti-Ageing Facial 60 mins - 85.00
This rejuvenating treatment visibly brightens and tightens the skin with vitamin C, soothing botanicals, power peptides and hyaluronic acid. It delivers vital hydration, visibly plumping the appearance of fine lines and wrinkles. Ideal for signs of aging and rosacea-prone, dehydrated and sun-damaged skin.

(Facials are not available with any offer or discount card)



BODY MASSAGES

& BODY TREATMENTS

Classic Swedish Massage 25 mins - 39.00
- **Back, Neck & Shoulder** 45 mins - 50.00
- **Back, Neck, Shoulder & Back of Legs** 55 mins - 72.00
- **Full Body** 75 mins - 99.00
- **Top to Toe**

Tailor made massage for your needs - The most widespread massage in the western world. A medium strength and intense massage: Muscle-toning, regenerating, stimulating, refreshing, and optimizes circulation.

Hot Stone Massage 25 mins - 39.00
- **Back, Neck & Shoulder** 45 mins - 50.00
- **Back, Neck, Shoulder & Back of Legs** 55 mins - 72.00
- **Full Body** 75 mins - 99.00
- **Top to Toe**

Small stones are placed on key energy points of the body, evoking an aura of warmth, whilst the deep penetrating heat from the stones are used to massage the body using traditional techniques to ease the pain and tension of aching muscles as well as deeply relax and rebalance the mind and body.

Oceana Signature Massage Experience 25 mins - 42.00
- **Back, Neck & Shoulder** 45 mins - 60.00
- **Back, Neck, Shoulder & Back of Legs** 55 mins - 75.00
- **Full Body** 75 mins - 99.00
- **Top to Toe**

A massage tailor made to your needs through a combination of nourishing spa massage oils. This massage helps to soothe tired muscles. Relax and unwind as you are taken on a sensory journey.

Revitalising Body Exfoliation 25 mins - 36.00
Including shower.

Body Wrap 30 mins - 39.00
Including shower and head massage.

BAMBOO BODY MASSAGES

Back, Neck & Shoulder 25 mins - 42.00
Back, Neck, Shoulder & Back of Legs 45 mins - 60.00
Full Body 55 mins - 75.00
Top to Toe 75 mins - 99.00

Bamboo massage will benefit anyone who leads an active lifestyle and requires deep work to soften and break down muscular tension. This powerful massage delivers stress relief, muscle strengthening, and lymphatic drainage and reactivates the circulation. Overall flexibility, balance and inner wellbeing is improved and specific reflexology points are activated with the Bamboo top to toe massage. Skin is nourished and restored from the bamboo bio extract used throughout the massage.



ALTERNATIVE THERAPIES

Hopi Ear Candle 30 mins - 34.00
A traditional Hopi Indian therapy that rebalances the inner ear by drawing out impurities. This is a natural alternative to syringing. This treatment has been known to help remedy sinus problems, head colds, hay fever and headaches.

Head Massage 25 mins - 36.00
Designed to alleviate stress, this massage works on the scalp, shoulders and neck and manipulates arms.

Aromatherapy Massage 25 mins - 42.00
- **Back, Neck & Shoulder** 45 mins - 60.00
- **Back, Neck, Shoulder & Back of Legs** 55 mins - 75.00
- **Full Body** 75 mins - 99.00
- **Top to Toe**

Utilising a combination of massage techniques to manipulate the muscles with pure aromatherapy oils customised for your desired results, this therapeutic treatment is both relaxing and invigorating, and can assist the circulatory lymphatic nervous systems and balance the body. (Using Seasonal Fragrances)

Melting Oil Candle Massage by Natural Spa Factory 25 mins - 44.00
- **Back, Neck & Shoulder** 45 mins - 62.00
- **Back, Neck, Shoulder & Back of Legs** 55 mins - 77.00
- **Full Body** 75 mins - 101.00
- **Top to Toe**

This aroma body oil candle is a rich combination of soybean oil, coconut oil and beeswax. The candle massage helps to soothe tired muscles. (Using Seasonal Fragrances)



OCEANA HANDS & FEET RITUALS

Hands Ritual 25 mins - 30.00
Feet Ritual 25 mins - 34.00

This deeply replenishing and relaxing treatment features a luxurious exfoliation of the hands or feet, followed by specific massage techniques to repair, protect and restore comfort to dry hands or feet.

NAIL TREATMENTS

Oceana Day Spa Manicure 55 mins - 39.00
Loving care for your hands with exfoliation, cuticle care, nail shape, luxury hand cream with a gentle massage and your chosen CND Vinylux colour

Oceana Day Spa Pedicure 55 mins - 48.00
Treat your feet with a relaxing soak, scrub and hard skin removal, precise cuticle care and nail shape, followed by a circulation boosting foot massage and application of your chosen CND Vinylux colour.

CND Vinylux File & Nail Polish (Hands or Feet) 20 mins - 19.00

Oceana Express Nails 25 mins - 23.00
- **Manicure** 25 mins - 26.00
- **Pedicure (Hard skin removal & soak not included)**
Express care including a file, shape, cuticle tidy and polish.
- **Add CND Shellac on Feet** 15 mins - 6.00
(Not available with any offer or discount card)

CND SHELLAC

CND Shellac Manicure 60 mins - 34.00
Includes file, cuticle tidy and Shellac application.

CND Shellac Soak Off with Express Manicure 75 mins - 39.00
Safe removal of your Shellac enhanced with an express manicure and oils to keep your nails in excellent condition with re-application of Shellac. Please note any brand/Shellac other than CND cannot be soaked off.

CND Shellac File & Nail Polish (Hands or Feet) 45 mins - 26.00

CND Shellac Removal & Tidy 15 mins - 15.00

BEAUTIFUL BUMPS

Mum-to-be Ritual (After 1st Trimester) 55 mins - 74.00
Relaxing body ritual especially designed for mums to be. Includes a back, neck and shoulder massage, exfoliation of the feet and foot and lower leg massage, soothing your body and leaving your skin feeling silky smooth and completely moisturised.

GENTLEMAN'S TIME

Men's Facial by Image Skincare 25 mins - 44.00
All too often, our skin does not get the attention it deserves...and needs. This treatment may not be long, however the results are big. A cleanse, exfoliation and moisturiser will leave your skin looking brighter and healthier. (Not available with any offer or discount card)

Gentleman's Moisturising Luxury Manicure 35 mins - 32.00
A luxury hand treatment including file, cuticle care, hand exfoliation and moisturising hand massage.

Gentleman's Moisturising Luxury Manicure 45 mins - 39.00
A luxury foot treatment including file, cuticle care, hard skin removal, foot exfoliation and moisturising foot massage.