

# The Atlantic Restaurant

MARKET MENU  
Monday, 15<sup>th</sup> August 2018

BY OCEANA  
**Ocean Beach**  
DESIGN HOTEL & SPA

## Starters

### **Cream & White Roots Vegetable Soup (GF) (V)**

Truffle Oil

### **Smoked Haddock & Spring Onion Fish Cake**

Home Made Tartare sauce

### **Chicken Caesar Salad**

### **Selection of Fruit Juices (GF) (V) (DF)**

Grapefruit, Apple or Orange

## Main Courses

### **Cottage Pie (GF)**

Chef's Pan Gravy

### **Fish Pie (GF)**

Cod and Hake

### **Duck Breast (GF) (DF)**

Plum Sauce & Mush Potatoes

### **Mediterranean Vegetable Frittata(V) (GF)**

Goat Cheese Salad

### **All Mains served with Seasonal Vegetables**

Seasonal Side Salad

Portion of Chips

*Supplement of £2.50*

## Desserts

### **Chocolate Fudge Cake**

### **Caramel Crunch Cheese Cake**

### **Mixed Ice Cream**

### **Cheese plate**

*Supplement of £2.50*

**GF: gluten free**  
**V: vegetarian**  
**DF: dairy free**

If you have any specific dietary requirements, please let us know. We will do our best to accommodate your requests.

3 Course's NON RESIDENT: £24.95pp  
3 Course's RESIDENT: £20.95pp  
2 Course's NON RESIDENT: £20.95pp  
2 Course's RESIDENT: £16.95pp  
All prices are inclusive of VAT @20%